



## International RI Symposium

### **Benefits & Conditions of Sports regarding Health and Participation of People with Disabilities**

**16<sup>th</sup> of August 2018**

**09:00 am**

With following opportunity to participate in the opening ceremony  
and opening game of the Wheelchair Basketball World Championships.

**Hotel Grand Elysée Hamburg  
Rothenbaumchaussee 10  
20148 Hamburg, Germany**

**Contact:** [ri-sports-symposium@vbq.de](mailto:ri-sports-symposium@vbq.de)

**Registration:** [www.vbq.de/ri-sports-symposium](http://www.vbq.de/ri-sports-symposium)



Organizing partners:



## Programme:

08:30 Registration

09:00 Welcome speeches and programme presentation

- *Ingrid Körner, Government Coordinator for equality of disabled people of the Free and Hanseatic City of Hamburg*
- *Roy O'Shaughnessy, RI-Global (Vice-President, Europe)*

### Session 1: The scientific evidence of the benefits of sports

09:30 From the perspective of health

- *Claudio Perret, PhD  
Head of the performance diagnostics and research department at the Institute of Sports Medicine, Swiss Paraplegic Centre Nottwil*

09:55 From the perspective of participation

- *PhD Anne Merete Kissow, Senior Lecturer, Danish Disability Sport Information Centre*

10:20 Coffee break

### Session 2: Measures for health promotion and injury prevention for sportsmen with disabilities

10:50 Behavioural and environmental prevention

- *Birgit Juul-Kristensen, Associate professor, Head of Centre for Research in Adapted Physical Activity, Department of Sports Science, University of Southern Denmark*

11:15 Injury and Illness Surveillance as a tool to develop prevention strategies in Disabled sports

- *Katharina Faßbender, Albert-Ludwigs-University Freiburg, Clinic for Orthopedics and Trauma Surgery*

11:40 Lunch

### Session 3: How to initiate physical activities and sports

12:40 How to support people with disabilities in finding the right sports

- *John Petersson, President of Parasport Denmark, former President of the European Paralympic Committee*

13:05 Perspectives and limitations of inclusive sports (Norwegian perception)

- *Mads Andreassen, Head of Activity Development of the Norwegian Olympic and Paralympic Committee*

### Session 4: Inclusive Sports – conditions and best practice

13:30 Practical examples of an inclusive sports club

- *Stefan Schenck, Vice-President of the Association for Disabled- and Rehabilitation-Sports, Berlin*

13:55 Examples of Inclusive Sports Provision

- *Alan Walsh, Coordinator of No Limits – Inclusive Sports Club, London*

14:20 Closing words and future cooperation in RI Commission on Leisure, Recreation and Physical Activities

14:50 End of the event / Coffee

15:15 **Departure to the opening ceremony and opening game of the Wheelchair Basketball World Championships by shuttle service**



International RI Symposium

## **Benefits & Conditions of Sports regarding Health and Participation of People with Disabilities**

### **Speakers:**

#### **Ingrid Körner**

##### **Government Coordinator for equality of disabled persons of the Free and Hanseatic City of Hamburg**

Ingrid Körner studied educational science with a focus on politics and geography and worked until 1981 as a teacher in Hamburg. In 1986 she was co-founder of the "Community of Parents for Integration" in Hamburg, which fought for the establishment of the so-called "integration classes". She also has worked for decades on the international level to improve the lives of people with disabilities. From 2008 to 2012, she was a member of the Executive Board of the European Disability Forum (EDF), an independent organization committed to people with disabilities across Europe, fostering their involvement in political processes.



#### **Roy O'Shaughnessy**

##### **Chief Executive Officer, Shaw Trust**

Roy O'Shaughnessy, joined Shaw Trust in 2012, after a merger with London based charity Careers Development Group – of which he was also Chief Executive. Since then, Roy has been dedicated to ensuring Shaw Trust achieves its ambition of transforming the lives of over one million young people and adults a year from 2022 by increasing the scale and impact of Shaw Trust's work. Recently, this has led to Ixion and Prospects joining the Shaw Trust Group.

Roy is passionate about the charity sector, having worked in charities and voluntary sector organizations for all of his forty-year career. Prior to Shaw Trust, he was the Development Director at the St Christopher's Fellowship, and was the Chief Executive of the Episcopal Charities for the Episcopal Diocese of California. Roy's ability to drive transformational change in organizations is highly sought after, resulting in him sitting on many boards. This includes working at an international level as the Vice-President of Rehabilitation International's Europe branch, acting as the Chair of Yateley Industries, and supporting his local community as a school governor and Parish Councilor. Roy's objective is to have a charitable heart and a commercial brain and to blend both into his decision making process. He is committed to improving himself through active listening, transforming his community, and possibly, in a small way, changing the world.



### **Claudio Perret, PhD**

#### **Head of the performance diagnostics and research department at the Institute of Sports Medicine, Swiss Paraplegic Centre Nottwil**

Claudio Perret works as head of the performance diagnostics and research department at the Institute of Sports Medicine (Swiss Olympic Medical Centre) located at the Swiss Paraplegic Centre Nottwil. Main research interests are exercise and respiratory physiology including nutritional aspects in patients as well as in elite athletes with a spinal cord injury. Further, he is a senior lecturer in exercise physiology (main topic: spinal cord injury and exercise) at the ETH Zurich, Switzerland and personal coach of wheelchair racer Manuela Schaer, winner of the Abbot World Marathon Majors Series 2017/2018.



### **Anne Merete Kissow, PhD**

#### **Senior Lecturer in the Danish Disability Sport Information Centre**

Anne Merete Kissow is currently working as consultant and senior researcher in the Danish Disability-Sport Information Centre. Her research field is the impact of participation in physical activity and sports on the everyday life of people with disabilities. Furthermore, she has practical experience as a physical education teacher and physiotherapist with focus on "Adapted Physical Activity and Rehabilitation".



### **Dr. Birgit Juul-Kristensen**

#### **Associate professor, Head of Centre for Research in Adapted Physical Activity, Department of Sports Science, University of Southern Denmark**

Dr. Birgit Juul-Kristensen is an Associate Professor at Department of Sports Science and Clinical Biomechanics, University of Southern Denmark, Odense, where she is head of Center for Research in Adapted Physical Activity. She has 21 years of research experience covering clinical trials, epidemiology and biomechanics, related to musculoskeletal problems. Her work aims at improving physical function and possibilities for physical activity, assessing the efficacy, safety and barriers for exercise treatment and prevention, and mechanisms contributing to musculoskeletal disease.



Organizing partners:



### **Katharina Fassbender**

#### **Doctor at the Albert-Ludwigs-University Freiburg, Clinic for Orthopedics and Trauma Surgery**

Katharina Fassbender is a physician and her doctoral thesis have dealt with the topic of Disabled Sports, especially the implementation of a continuous survey of health-related data in the German Paralympic Sport. Currently she is involved in the continuation of this project, in order to establish a sustainable structure and to professionalize the procedures.



### **John Petersson**

#### **President of Parasport Denmark and President of the National Paralympic Committee Denmark**

As a Paralympian in swimming John Petersson participated in five Paralympic Games from 1984 – 2000 where he won six Gold, two Silver and seven Bronze. He was the President of the European Paralympic Committee from 2009-2017 and member of the Governing Board of the International Paralympic Committee from 2013-2017. After being Vice-President of the National Paralympic Committee Denmark for 13 years Mr. Petersson has been recently elected President of the NPC. He also worked for 20 years at KPMG and Ernst & Young and now runs his own consulting and management company.



### **Mads Andreassen**

#### **Head of Activity Development at the Norwegian Olympic and Paralympic Committee and Confederation of Sports**

Mads Andreassen has been with the organization since 2004 starting as a Sport Volunteer in Southern Africa from 2004-2006, 2007-2012 working with Paralympic Sport, 2012-2015 Children and Youth Sport, and from 2015 in the current position. He has also been a Paralympic athlete in Alpine Skiing, participating in the 2014 Sochi Paralympic Games. In addition to this, he has had numerous positions in NGOs for people with disabilities, including President of the Norwegian Association for Children and Youth with Disabilities.



### **Stefan Schenck**

#### **Vice-President of the Association for Disabled- and Rehabilitation-Sports Berlin**

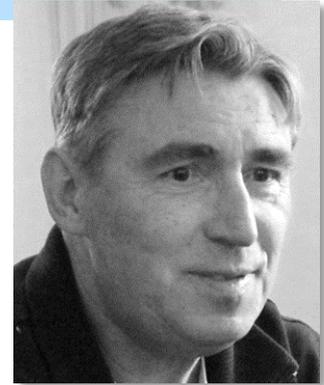
Stefan Schenck is a professional NPO-consultant for fundraising, EU funding and project development. In his role as Vice-President of the Association for Disabled- and Rehabilitation-Sports Berlin and chair of the SCL Sportclub Lebenshilfe Berlin, the focus of his non-profit activities is on inclusion by sports for people with disabilities. In 2015, he started the campaign "Inclusion-by-sport", thus unifying his professional and non-profit-backgrounds. It aimed at developing and funding new inclusive sports projects in Berlin for different sports organizations. As appointed representative of interests of the organized sports in Berlin, Stefan Schenck is member of different advisory councils for the interests of people with disabilities.



## Alan Walsh

### Coordinator of No Limits – Inclusive Sports Club, London

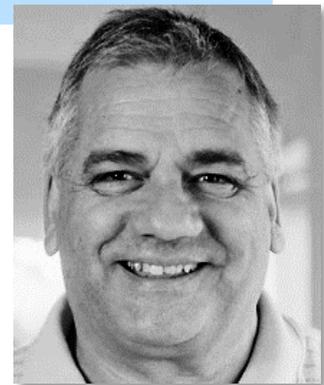
Alan Walsh has worked in sports development for 25 years, initially as CEO of the London Community Cricket Association where he launched their much copied disability programme in 1997. His engagement in sports inclusion work continued on London inner-city housing estates where he was funded by Sport England to establish estate-based, inclusive, community sports activities. In 2007 he was supported by the London Borough of Hackney (one of the host boroughs of the 2012 Olympics and Paralympics), in the development of a week long, fully inclusive, annual school Sports Championships for 3000 young people; playing and competing in eleven paralympic sports, which ran for 6 years as Hackney's paralympic legacy, supported by an infrastructure of many smaller events, a paralympic themed curriculum, and a network of inclusive sports clubs. He continues to work as an independent consultant and runs the No Limits sports club.



## Jan S. Johansen

### Manager and national secretary of Rehabiliteringsforum DK

For a number of years Jan S. Johansen has lectured in Adapted Physical Activity at all professional levels. He is board member of Parasport Denmark and Chair of the Rehabilitation International's Commission on Leisure, Recreation and Physical Activities (LRPA).



## Eckehard Froese

### Head of Insurance, Benefits, Regress & Statistics of the German Social Accident Insurance VBG

Eckehard Froese is an expert on Rehab Management and responsible for the VBG's Rehabilitation Strategy. He is member of several committees of the DGUV, the umbrella organization of all German Social Accident Insurance Institutions, and Vice-Chair of the Commission on Leisure, Recreation and Physical Activities (LRPA).



Organizing partners:

